

**Date: July 10, 2016**

**Title: Rest in the Fish, II**

**Text: Matthew 12:1-21**

## **Introduction**

How is the Christian life a life of rest?

**I. Guilt and Rest (vv. 1-14)**  
*Because we have the presence of Christ*

**II. Hope and Rest (vv. 15-21)**  
*Because we know his tender heart for us*

“Once you were not a people, but now you are God’s people; once you had not received mercy, but now you have received mercy.” (1 Peter 2:10)

## **Conclusion**

- How could priests break the law and be guiltless? Does something trump law?
- Is there a clearer picture of God than the law? What is it?
- Why does law prevent rest, and how does Jesus provide rest?
- How does understanding Jesus’ gentleness and justice provide rest?